

# The Eucharist

in Lent and Passiontide

### Please join in with the words printed in **bold** type.

Verses of Scripture to meditate upon before worship:

The sacrifice of God is a broken spirit; a broken and contrite heart, O God, you will not despise. (Psalm 51.18)

The Lord is full of compassion and mercy, slow to anger and of great kindness.

(Psalm 103.8)

For thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. (Isaiah 30.15)

He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

(Mark 1.13)

Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man. (Luke 21.36)

## ¶ The Gathering

In the name of the Father, and of the + Son, and of the Holy Spirit.

Amen.

The Lord be with you and also with you.

The priest introduces the service.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

## **Prayers of Penitence**

A minister introduces the confession. We say together:

Almighty God, our heavenly Father, we have sinned against you and against our neighbour, in thought and word and deed, through negligence, through weakness, through our own deliberate fault.

We are truly sorry and repent of all our sins.

For the sake of your Son Jesus Christ, who died for us, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your name.

Amen.

The priest gives the absolution.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and + deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.** 

#### The Collect

The priest prays the Collect of the Day (printed on the back of the Weekly Notes).

## ¶ The Liturgy of the Word

**Readings** 

After the first reading(s), we use this response:

This is the word of the Lord.

Thanks be to God.

The response for the gospel reading:

Hear the Gospel of our Lord Jesus Christ according to *N*. **Glory to you, O Lord.** 

The Gospel is read, and at the end:

This is the Gospel of the Lord. **Praise to you, O Christ.** 

Sermon

The sermon is preached.

#### The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

## **Prayers of Intercession**

#### These responses may be used:

Lord, in your mercy hear our prayer.

(or) Lord, hear us Lord, graciously hear us.

#### and at the end:

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

## ¶ The Liturgy of the Sacrament

The Peace

The peace of the Lord be always with you and also with you.

The priest prepares the altar.

### The Eucharistic Prayer

The Lord be with you and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

The Priest says the preface, then Sanctus and Benedictus are said:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The bread and wine are consecrated, after which one of the following acclamations is used:

Great is the mystery of faith.

Christ has died: Christ is risen: Christ will come again.

Praise to you, Lord Jesus:

Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.

Christ is the bread of life:

When we eat this bread and drink this cup, we proclaim your death, Lord Jesus, until you come in glory.

Jesus Christ is Lord:

Lord, by your cross and resurrection
you have set us free.

You are the Saviour of the World.

The priest concludes the Eucharistic Prayer, and all join in the final

Amen.

### The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil.

For thine is the kingdom, the power and the glory, for ever and ever.

### **Breaking of the Bread**

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

#### Agnus Dei is said:

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

## **Holy Communion**

Those following the service at home via streaming are encouraged to make an act of Spiritual Communion in these or other words:

Soul of my Saviour, sanctify my breast, body of Christ, be thou my saving guest, blood of my Saviour, bathe me in thy tide, wash me with water flowing from thy side.

Strength and protection may thy Passion be, O blessèd Jesu, hear and answer me; deep in thy wounds, Lord, hide and shelter me, so shall I never, never part from thee.

Guard and defend me from the foe malign, in death's dread moments make me only thine; call me and bid me come to thee on high where I may praise thee with thy saints for ay.

## **Prayers after Communion**

The priest says the post-communion prayer.

## ¶ The Dismissal

The priest gives the blessing, followed by the dismissal:

Go in the peace of Christ. (or) Go in peace to love and serve the Lord. **Thanks be to God.** In the name of Christ. Amen.

